



## Food Allergy Policy

Pine Brook Camp is committed to serving our guests with the highest standards of hospitality. We want to accommodate our guests to the best of our abilities and go above and beyond in the following ways:

- Accommodate common food allergy needs when a guest or camper parent makes arrangements prior to their arrival.
- Email menus and recipes to guests and camper parents when requested.
- Supply alternatives when available and encourage guests and campers to bring items we cannot provide a substitution for.
- Store any food items our guests or campers wish to bring for their dietary needs.
- Encourage guests and campers to approach the kitchen staff at the first meal of the week(end) to ensure a personal connection with those who may need specific accommodations.
- Train staff and volunteers about common food allergies and cross-contamination.

We desire to be equipped to serve our guests dietary needs by keeping the following food products stocked at all times:

- Gluten-free pasta in dry storage
- Gluten-free pancake mix in dry storage
- Lactose-free milk in walk-in
- Gluten-free bread in freezer
- Gluten-free meals in freezer

Clear communication between the Guest Services Director and Food Service Director in relation to guest and camper dietary concerns and restrictions is imperative.

We cannot guarantee the accommodation of an individual's particular needs unless notified as least 4 days prior to their stay. Last minute notifications are more difficult to prepare for so please try to contact the Guest Services Director or Food Service Director in advance to inform them of your individual concerns, needs, requests or if you intend to bring your own supplemental food items.

**Disclaimer:** We try our best to keep common food allergens away from other food products during storage, preparation, and service but we cannot guarantee that there will not be any cross contamination during the flow of food. All allergies must be reported prior to arrival. Please notify kitchen staff of any allergies or dietary restrictions prior to your first mealtime if you were not able to do this beforehand. We are not a peanut-free kitchen.

**Our goal is never to turn a guest away due to dietary reasons. Please allow us with the opportunity to provide for your individual needs.**